

# ROSE FROM THE SEA (ROSA DEL MAR)



**Count:** 32      **Wall:** 4      **Level:** Improver  
**Choreographer:** Rep Ghazali-Meaney, Scotland (Oct 2016)  
**Music:** Rosa Del Mar by Gabe Garcia - 105 bpm

## #16 count intro.

Music Available on download from iTunes and Amazon 11th Nov 2016

### HEEL-TOE - SHUFFLE - ROCK FWD - SHUFFLE ½ LEFT 6:00

1-2 touch Right heel forward, touch Right toe back  
3&4 step forward Right, step Left together, step forward Right  
5-6 rock forward Left, recover Right  
7&8 ½ turn Left by stepping forward Left, step Right together, step forward Left (6)

### SHUFFLE ½ LEFT - ROCK BACK - SKATE -SKATE - SHUFFLE FWD 12:00

1&2 ½ turn Left by stepping back Right, step Left together, step Right together  
3-4 rock back Left, recover on Right  
5-6 skate forward Left, skate forward Right  
7&8 step forward Left, step Right together, step forward Left (12)

### STEP-¼ LEFT - CROSS SHUFFLE - ¼ R- ½ R – ROCK FWD – RECOVER 6:00

1-2 step forward Right, ¼ pivot turn Left (9)  
3&4 cross Right over Left, step Left to Left side, cross Right over Left  
5-6 ¼ turn Right by stepping back Left, ½ turn Right by stepping forward Right (6)  
7-8 rock forward Left, recover on Right (6)

### ¼ L SIDE ROCK-RECOVER - SAILOR ¼ LEFT - R CROSS ¼ TURN RIGHT HITCH,L SHUFFLE FWD 3:00

1-2 make ¼ turn Left by rocking Left to Left side, recover on Right (3:00)  
3&4 make ¼ turn Left by sweeping and stepping Left behind Right, step Right to Right side, step Left to Left side (12)  
5-6 cross Right over Left, ¼ turn Right by hitching up on Left (3)  
7&8 step forward Left, step Right together, step forward Left (3)

## Ending:

**Wall 11 - will be facing 6 o'clock, dance up to count 24 (will be facing 12 o'clock wall)  
then add : rock back Left, recover on Right, step forward Left..hold and pose..taraaaa !**